

MAHARAJA AGRASEN INSTITUTE OF TECHNOLOGY DEPARTMENT OF MANAGEMENT (MBA)

HR-Club - HAWTHORNE

REPORT ON WEBINAR, 7TH JUNE 2021

"INHIBITION REMOVAL & CONFIDENCE BUILDING"

- Student Coordinators: MBA 1ST year students: Madhvi Arora and Shonima Jaswal
- Team members: MBA 1st year students: Tanya Saxena, Muskan Jain, M. Sudharsan, Mayank Aggarwal.
- Faculty Coordinators: Dr. Anju Bharti , Mr. Rajiv Jain, Ms. Kalpana Sharma , Mr. Nishant Gaur.

The department of management MBA and HR club- HAWTHORNE had organised a webinar on the topic-" INHIBITION REMOVAL & CONFIDENCE BUILDING". It was organised and conducted by 1st year students of MBA students along with their team members under the guidance of faculty coordinators:

The aim of conducting this webinar was to boost the confidence of students, helping them in overcoming stage fear and encouraging them to volunteer in programs and activities related to public speaking.

Some of the objectives for conducting this webinar were:

- > To overcome the fear of public speaking amongst students through role plays.
- ➤ To master good communication skills.
- > To overcome stage fear.
- > To not consider English as a language barrier.
- To find simple ways for enhancing English communication through activities.

The program started at 4pm on online mode at MS Teams. It was attended 70 students of MBA 1st year (2020-2022) with the faculty of MBA department.

The 2nd semester students, Madhvi Arora and Shonima Jaswal introduced the whole schedule of the webinar. It was followed by a motivational video of Mr. Sandeep Maheshweri. Some part of his video shown where he emphasized on how one can build his/her self confidence and fight his fears and conquer the world. Shonima gave the conclusion and the takeaways from the video.

After that, Madhvi Arora shared her real life experience mostly from the phase when she was not that confident and was shy during class 10th. Later on, she discussed about her transformation when she was quite confident and was able to overcome all kinds of stage fears of public speaking.

After that, the team members conducted a role play emphasizing on how confidence plays an important role in the lives of a human being.

Role Play:

Two situations were taken to show how fear hampers communication.

First was the case of Muskan Jain the salesperson of Buttercup Ltd. Having a conversation with Tanya Saxena, a pretty moody customer. The sales executive of Buttercup Ltd. was not confident & became nervous due to which her voice tremble & was not able to effectively communicate her message & not able to sell her product.

The second case a call between Muskan – sales executive & Madhvi, a potential customer. It was analyzed that Muskan was more confident. This helped Madhvi (the customer) in developing interest for the product in the customer's mind & increased the chances of sales.

After that, few ways to overcome fear and boosting self confidence were being discussed with the audience and query session was handled.

And the webinar was concluded by the motivational speech of our HOD, Dr. Amit Gupta. The students had learnt a lot through the valuable interactions during the event.

LEARNINGS:

Understanding and overcoming the fear of public speaking through real life experiences to make the webinar more realistic.

Student coordinators and Team members/volunteers List:

| S.No. | Participant Names | Section | |
|-------|-------------------|---------|---------------------|
| 1. | Shonima Jaswal | Е | Student coordinator |
| 2. | Madhvi Arora | C | Student coordinator |
| 3. | M. Sudharsan | С | Volunteer |
| 4. | Muskan Jain | С | Volunteer |
| 5. | Tanya Saxena | Е | Volunteer |
| 6. | Mayank Aggarwal | С | Volunteer |

POSTER OF THE WEBINAR:



